

**Sports Manual
Of
Rules, Policies and Procedures
WRESTLING
(FREESTYLE, GRECO-ROMAN, BEACH, SAMBO, and GRAPPLING)
(RedBook 2012.06.17)**

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1. INTRODUCTION

1. FGG Global standards

The intent of these individual sport templates is to give the RFP/Contract some very specific standards, which can be clearly identified, and that are critical to a Gay Games implementation of that sport. The information compiled herein is the result of experience gathered over the previous Gay Games as well as from innumerable other international and regional sporting events. It is intended to serve as a permanent living document for the Federation of Gay Games.

Any host organization has to refer and respect the policies included in the Sports manual of rules, procedures and policies. These policies include gender policy, anti-doping policy, results reporting policy, and participation for novices and 50+ policy.

This document is the **FGG RedBook** for this sport. According to the different policies, this document can be different from the CONTRACT RedBook, part of the license agreement with a host organization, as the two documents have different rules for modification.

2. Structure of the document

In each part of the document, the **Minimum Standards** for this sport are highlighted.

The structure of the document is described in the document entitled “Introduction to Sport RedBooks” (all-sports.pdf).

2. Governing body and rules

Governing Body and rules The Federation Internationale des Luttes Associees (**FILA**) is the sanctioning body for this sport. Either full FILA sanctioning through FILA directly (or by proxy through the/local/state/national wrestling organization), or the national wrestling organization's "Cultural Exchange" designation must be used (whatever is preferable/cheaper for the host city).

Federation of Gay Games Sports Organization:

Wrestlers Without Borders (**WWB**) will be the primary sanctioning organization.

Rules and Policies Governing the Organization and Management of this Sport:

The FILA Freestyle wrestling rules as per the current and valid FILA rulebook must be Used as the basis for the event in conjunction with WWB modifications.

Link:

<http://www.fila-wrestling.com/fila/files/regle03a.pdf>.

- All competitors **MUST** show proof of FILA association through either an explicit FILA license, or local FILA associated wrestling organization (e.g.. USAW, KNKB, CAW, or LAW).
 - The host city **MUST** offer 'day licenses' for sale at the weigh-ins, and this should be made clear at registration time.
 - The FILA wrestling rules as per the current FILA rule book must be used, 'CURRENT' being defined as the calendar year of the Gay Games in question or prior year if the rules are not yet available.
 - For new FILA modifications, where the current rules are not yet published, the host city and the Federation must be explicitly clear the year of Gay Games, which rules will be used (FILA changes usually occur in January each year).
 - Safety modifications to FILA rules, often used by local/national FILA affiliates, must be given top consideration by the host city. This includes permitting headgear, and totally excluding specific potentially dangerous holds. WWB sets the FILA rule modifications.
 - In keeping with Federation principles, the FILA requirement of the National Emblem on the singlet is to be ignored.
 - All changes of rules, venues and schedules in the time of organizing and publishing on the website of the host must be published to the participants by a newsletter via email right after the changes are made.
 - WWB modifications to these FILA rules to enhance safety, increase participation, and alter pairings are always done with a respect for the legal insurance requirements of FILA.

3. Venue and equipment

The venue choice should coincide with the recommendations in the current and valid FILA rulebook.

Seating: The available seating at the venue must be able to accommodate 500 spectators, as well as all of the participating athletes. The athletes' seating must be in one section with access to the mats and locker room. Non-participants will not be allowed access to the athlete's section.

Competition area: The competition room must have air conditioning if outside temperature normally exceeds 75 degrees Fahrenheit (23.9 degrees Centigrade) during the competition time of year.

Locker Rooms: The venue must have separate men's and women's locker rooms w/shower facilities. Only participating athletes are allowed access to these locker rooms. This is imperative to comply with strict skin disease prevention regulations.

Warm-up area: If warm-up mats are to be provided, they must be in a secure area. Only Participating athletes and officials are allowed in the warm-up area.

Medical Area: Medical personnel must be provided a private dedicated area in which to work.

Security: Event/Tournament organizers must include security personnel in their staffing plans. Security personnel shall ensure only event participants have access to the locker rooms, athletes' seating area, and warm-up mats. The security personnel shall utilize incident reports to account for any security problems they encounter.

Media: Media representatives are especially not to be permitted access to the locker rooms, warm-up Mats, wrestler's seating area, or the medical area.

Facility/Venue:

- A gym that can accommodate 3 full size competition wrestling mats, stands/bleachers, including male and female locker rooms with showers, etc... The locker rooms need to be secure, and should be able to accommodate all the wrestlers. It is estimated that the cost of a gym for one day would be approximately \$1,000 USD unless use of the facility is donated (Value In Kind (VIK)).
 - Equipment would include 3 full size wrestling mats, which could be rented or borrowed from high schools or universities. The mats would have to be trucked/transported/unloaded at the facility. Value in kind approaches should be pursued. Electronic scoreboards are desired, but optional.
 - Since the Gay Games are generally held 'out of season' for schools, it should be possible to borrow mats.
 - WWB suggests making a donation to the school for borrowed mats. WWB suggests that a host organization budget \$5,000 for mat rentals, but this would decrease if mats and transportation were donated (VIK).

- A facility that can hold the Freestyle competition is able to host a Grappling, SAMBO, or GRECO-Roman competition. The associated costs would be comparable/parallel with the exception of the cost of procuring the facility for another day if needed. This decision of the wrestling styles to be offered needs to be done by the FGG and the Host early in order for the registration system to handle the added Unique Medal Events (UMEs). A facility that can host beach volleyball should be suitable to host beach wrestling and the costs would be comparable and parallel.

4. Structure of event

1. Required events

Wrestling styles sanctioned/offered (Unique Medal Events (UMEs)):

Mandatory Freestyle: Gay Games wrestling **must** offer an international **FREESTYLE** double-elimination style wrestling tournament under WWB modified FILA rules.

Mandatory Grappling: A host must offer a non-gi Grappling style tournament under WWB modified FILA rules, but not in place of holding a Freestyle tournament.

Optional Beach Wrestling: A host with an appropriate beach-wrestling venue may offer beach wrestling in a WWB-sanctioned tournament format or in WWB-sanctioned exhibitions, but not in place of holding Freestyle and Grappling tournaments. Typically a facility that is used for beach volleyball can hold beach wrestling. It may be held later in the week and may be held as part of a social event for the Gay Games wrestlers.

Optional GRECO-Roman Wrestling: A host may offer a **GRECO-Roman style** wrestling tournament under WWB-modified rules, but not in place of holding Freestyle and Grappling tournaments.

Optional SAMBO: A host may offer a non-gi SAMBO style tournament under WWB modified or approved rules, but not in place of holding Freestyle and Grappling tournaments.

2. Additional events

None

3. Tournament Brackets and Pairings Rule Modifications

Rationale: With a lack of qualifying events leading up to Gay Games, the FGG's and WWB's policies of "inclusion" present many risks that must be addressed in WWB modifications to FILA rules. Skill levels, physical conditioning, age, and health status are far more diverse and unknown than in a typical FILA international event. In addition, the infrequency with which Gay Games wrestlers are able to compete with others from outside their geographic area makes it imperative that Gay Games do all they can to provide geographic separation of competitors at least in the earlier rounds whenever possible. With the risk of injuries enhanced by bad pairings, strict adherence to some FILA protocols (such as random blind draws) has been proven historically to be unsafe or unsuitable for the Gay Games. Therefore, the following WWB rule modifications to FILA rules must be followed:

- **WWB Pairings Representative:** A WWB representative shall serve on the pairing committee and be consulted on all safety and geographic/team pairing separation concerns.
 - **Brackets:** There will be a maximum of 8 wrestlers per bracket. If a style/gender/age/weight division has more than that number of wrestlers, it will be split into two pools based on separation of team and country affiliation by ascending age. No pool shall have less than 3 wrestlers.
 - **Bracket Pairings:** Wrestlers will be explicitly separated by team and country affiliation in the first round. Then wrestlers will be blind paired by the pairing committee using standard procedure random draw numbers subject to any explicit separation.

- **Double Elimination:** In the interest of saving tournament time, avoiding the public humiliation of outclassed wrestlers, and the risk of serious injuries in bad pairings, wrestlers are officially eliminated from a bracket after two losses. However, we would encourage athletes to wrestle their third match (even if the athlete loses his/her first two matches) if brackets contain 4 or more wrestlers.
- **Maximum Bouts:** The intent of these rules is to limit the maximum number of required bouts per day to about 3 to 5 bouts.
- **Weight Classes:** To enhance opportunities for competition and to simplify all the style (UME) options in registration, the SAME expanded weight classes will apply across Freestyle, Grappling, GRECO-Roman, Beach, and SAMBO UMEs.
- **UME Adjustments:** Immediately after Weigh-Ins, a wrestler may choose to move up one (1) weight division and/or down one (1) age division prior to pairings.
- **Medals:** Wrestlers in undersubscribed divisions will always get their medals. They will be encouraged by tournament officials to wrestle exhibition matches or, at their option and when it is determined it is safe, to change to another age/weight group.

[In no instance will weight-age groups be simply combined/collapsed because of lack of numbers. Combining weight/age groups due to low numbers can compromise competitors' safety.]

4. Flow and Type of Tournaments

a.) Rules, Safety, Technical Clinic, and Weigh-Ins: With the need for wrestlers to monitor their weight, know the rules and flow of the event, and make decisions about where they will compete, the first day of wrestling is Monday, and will be required for all wrestlers. It is recommended that known local wrestling coaches and officials be obtained to run the Rules, Safety, and Technical Clinics. A developmental novice competition in Freestyle and/or Grappling may also be offered if registration numbers warrant it. Open mat time must be provided, and official weigh-ins held at the end of the day.

b.) Freestyle Tournament: There must be a typical OLYMPIC Style double elimination Freestyle wrestling tournament

- The Freestyle tournament should be designed for a single day's duration with the option of extending into 2 days should registration warrant it.
 - Tuesday is usually scheduled as the Freestyle tournament.
 - A GRECO-Roman tournament may be run in conjunction (in parallel) with the Freestyle.

c.) Grappling Tournament: There must be a typical OLYMPIC Style double-elimination Grappling tournament.

- The Grappling tournament should be designed for a single day's duration with the option of extending into 2 days should registration warrant it.
 - The Grappling tournament must start after the completion of the Freestyle tournament to permit wrestlers the opportunity to compete in both styles (UMEs).
 - The exact scheduling of the start of the Grappling tournament will be determined by the registration numbers at the close of Gay Games registration so that wrestlers can plan accordingly. However since all wrestlers regardless of style must

weigh-in on Monday the first day of wrestling events, the only real variable is what day the Grappling tournament starts: Wednesday or Thursday.

5. Officials

Freestyle Officials

- For a typical 100-200 registrants Freestyle tournament that is held on one day on 2-3 mats, assume there will need to be 15 officials @ \$50/day = \$750 MAX.
 - It is possible that the tournament could be conducted with 10 officials @ a total cost for officials of \$500, and that WWB could supply qualified officials as well.

Grappling Officials

- Assume the same costs as Freestyle (above) to run a one day Grappling Tournament.

The number of officials will depend on the registration level, which will determine the number of mats, number of days of competition, and whether a 2 man or 3 Man Mechanics system is used for each mat.

WWB has connections with CA, IL, and other state USA Wrestling to get sanctioning, officials, etc.

6. Results software and format

The Freestyle and Grappling competitions will use a manual weigh-in/paring method with volunteers doing data input into computers to generate results, wall brackets, etc. The host organization will need an on-site computer, a printer, 20 volunteers **PER DAY** to provide security, clean mats, enter data, as well as handle crowd control, competitor escorting, scoring, announcing, etc...

The final results must detail at least first, second and third place finishers in each event and listing their first and second name (or team name), their city, their country and – if applicable. The actual bout sheets should be saved, and total results made available to WWB.

7. Awards Ceremony

Three medals (gold, silver, and bronze) must be awarded for each UME (style/gender/age/weight) division.

8. Other Activities

Weigh-ins: The weigh-ins must occur within 24 hours of start of Freestyle, GRECO-Roman, or Grappling competition. A qualified medical doctor must visually examine participants at weigh-ins for communicable skin diseases and steroid acne. One weigh-in will suffice for all styles of wrestling conducted in the Gay Games. Subsequent weigh-ins may be scheduled for competitors in Beach or SAMBO who did not compete in Freestyle or Grappling. There is no need for gender specific doctors or weigh-in officials, as wrestlers must weigh-in wearing their singlet or Grappling shorts.

WWB estimates the costs of other activities as follows for Freestyle and Grappling:

- Sanctioning/Insurance fee: \$100 per one day tournament each per style (Freestyle and Grappling)
 - Medical on-site trainers/emergency \$600 one day/all day per tournament day
 - Bottled water for wrestlers \$50 per day
 - Doctor (dermatologist is best) at weigh-ins for quick look over for communicable/skin diseases and steroid acne \$100
 - Miscellaneous office supplies, etc... \$100

5. Participation guidelines

1. Categories and Divisions of participation (UMEs)

- **Style Divisions:**

- **Freestyle and/or Grappling Gender Divisions:**

Male or Female (requires legal proof like Passport or Driver's License)

- **Age Divisions:**

OPEN (35 and under as of date of competition weigh-in)

MASTERS (36 – 49 as of date of competition weigh-in)

VETERANS (50 and over as of date of competition weigh-in)

- **Weight Divisions:**

Kilograms: 48 52 57 62 68 74 82 90 100 130 corresponding to

Pounds: 105.5 114.5 125.5 136.5 149.5 163 180.5 198 220 286

2. Minimum/Maximum Number of Competitive Instances

Each athlete should be able to participate in a minimum of three (3) and a maximum of five (5) matches PER DAY per tournament. If there is time for exhibition bouts, then this number can be increased.

3. Maximum number of UMEs per individual

1. Each athlete is allowed to register for and compete in only one (1) gender, one (1) age division, and in one (1) weight division in one (1) and/or (2) Style Divisions.

2. The UME age/weight group entered for Freestyle need not be the same for Grappling or GRECO-Roman.

3. This means that a wrestler can formally register for Freestyle and/or Grappling... i.e... one (1) or two (2) UMEs.

4. Policy Governing Gender-Based Participation

The host must follow Federation of Gay Games Policies as outlined in Section III of the FGG RedBook. FILA rules governing gender verification take precedence over Federation of Gay Games Gender Policy because of insurance liability requirements.

6. Unique Medal Events (UMEs)

Based on the structure of the event and the participation guidelines, all the following unique medal events must be organized (the only exception is no participants inside an age group).

- **Freestyle Men:** One UME by age group (Open, Master, Veteran) and by weight group (10 groups possible) = **30 Unique Medal Events for Freestyle Men.**

- **Freestyle Women:** One UME by age group (Open, Master, Veteran) and by weight group (10 groups possible) = **30 Unique Medal Events for Freestyle Women.**

- **Grappling Men:** One UME by age group (Open, Master, Veteran) and by weight group (10 groups possible) = **30 Unique Medal Events for Grappling Men.**
- **Grappling Women:** One UME by age group (Open, Master, Veteran) and by weight group (10 groups possible) = **30 Unique Medal Events for Grappling Women.**

SUMMARY: 120 Total UME's required for Wrestling at each Gay Games.

Beach Wrestling (if scheduled)

- Men: One UME by age group (Open, Master, Veteran) and by weight group (10 groups possible)
- Women: One UME by age group (Open, Master, Veteran) and by weight group (10 groups possible)

GRECO-Roman (if scheduled)

- Men: One UME by age group (Open, Master, Veteran) and by weight group (10 groups possible)
- Women: One UME by age group (Open, Master, Veteran) and by weight group (10 groups possible)

SAMBO (if scheduled)

- Men: One UME by age group (Open, Master, Veteran) and by weight group (10 groups possible)
- Women: One UME by age group (Open, Master, Veteran) and by weight group (10 groups possible)

7. Registrations and accreditations

1. Specific information and rules for registrations

None.

2. Management of the number of participants

No information.

3. Accreditation information

The host organization has to provide to all participants, in addition to the general information about the Gay Games, the following elements:

- Description of the transportation to reach the venue
- Detailed timetable of events
- Specific rules applied during the event.

8. Safety issues and Medical

1. Required Medical Staff

A visual exam by qualified medical doctor must take place at weigh-ins.

The weigh-ins must occur 24 hours prior to the start of the wrestling competition.

2. Policy Governing Drug Testing

Wrestling will not have mandatory drug testing. However, any Drug testing that is carried out must be carried out using World Anti-Doping Agency protocols as outlined in the FGG Anti-Doping Policy.

- All wrestlers will undergo a mandatory skin check for communicable skin diseases and steroid abuse acne.
- Any Drug Testing that occurs will not expose or harass or discourage HIV-infected athletes.
- Any Drug Testing that occurs will include a simple doctor's waiver that excludes the wrestler from any Drug Testing for reasons of health maintenance medication.
- Any Drug Testing which occurs will have as its primary goal the safety of the wrestlers, e.g... the detection of 'steroid roid-rage' syndrome.

9. Minimum Standards Table

Here is the synthesis of all the minimum standards for this sport.

Category Minimum standards

Governing Body and rules The Federation Internationale des Lutte Associees (**FILA**) is the sanctioning body for this sport. Either full FILA sanctioning through FILA directly (or by proxy through the/local/state/national wrestling organization), or the national wrestling organization's "Cultural Exchange" designation must be used (whatever is preferable/cheaper for the host city).

Federation of Gay Games Sports Organization:

Wrestlers Without Borders (**WWB**) will be the primary sanctioning organization.

Rules and Policies Governing the Organization and Management of this Sport:

The FILA Freestyle wrestling rules as per the current and valid FILA rulebook must be Used as the basis for the event in conjunction with WWB modifications.

<http://www.fila-wrestling.com/fila/files/regle03a.pdf>.

- All competitors MUST show proof of FILA association through either an explicit FILA license, or local FILA associated wrestling organization (e.g... USAW, KNKB, CAW, or LAW).
 - The host city MUST offer 'day licenses' for sale at the weigh-ins, and this should be made clear at registration time.
 - The FILA wrestling rules as per the current FILA rule book must be used, 'CURRENT' being defined as the calendar year of the Gay Games in question, or prior year if the rules are not yet available.
 - For new FILA modifications, where the current rules are not yet published, the host city and the Federation must be explicitly clear the year of Gay Games, which rules will be used (FILA changes usually occur in January each year).
 - Safety modifications to FILA rules, often used by local/national FILA affiliates, must be given top consideration by the host city. This includes permitting headgear, and totally excluding specific potentially dangerous holds. WWB sets the FILA rule modifications.
 - In keeping with Federation principles, the FILA requirement of the National Emblem on the singlet is to be ignored.
 - All changes of rules, venues and schedules in the time of organizing and publishing on the website of the host must be published to the participants by a newsletter via email right after the changes are made.
 - WWB modifications to these FILA rules to enhance safety, increase participation, and alter pairings are always done with a respect for the legal insurance requirements of FILA.

Venue: The venue choice should coincide with the recommendations in the current and valid FILA rulebook.

Seating: The available seating at the venue must be able to accommodate 500 spectators as well as all of the participating athletes. The athletes' seating must be in one section with access to the

mats and locker room.

Competition area: The competition room must have air conditioning in any climate where normal daytime highs during competition exceed 75 degrees Fahrenheit, or 23.9 degrees Centigrade.

Locker Rooms: The venue must have separate men's and women's locker rooms w/shower facilities.

Medical Area: Medical personnel must be provided a private, dedicated area in which to work.

Media: Media representatives are not to be permitted access to the locker rooms, warm-up mats, wrestlers' seating area, or the medical area. A facility that can hold the Freestyle competition is also able to host a Grappling, SAMBO or GRECO-Roman competition, and the associated costs would be comparable and parallel. A facility that can host beach volleyball should be suitable to host beach wrestling and the costs would also be comparable and parallel.

Events:

Monday Mandatory Clinics: Gay Games wrestling must conduct a one (1) day clinic for all competitors for safety, rules, and technique.

Tuesday Mandatory Freestyle: Gay Games wrestling **must** offer an international **FREESTYLE** double-elimination wrestling tournament.

Wednesday Mandatory Grappling: Gay Games wrestling must offer an International Grappling double-elimination wrestling tournament.

Result software and format: The final results must detail at least first, second and third place finishers in each event and listing their first and second name (or team name), their city, their country and – if applicable. All bracket and bout sheets are to be saved and copies supplied to WWB.

Award ceremony Three medals (gold, silver, and bronze) must be awarded in each UME.

Unique Medal Events (UMEs):

• **Style – 2 options, 1 or 2 choices**

Freestyle and/or Grappling

• **Gender Divisions – 2 options one choice**

Male or Female

• **Age Divisions – 3 options one choice:**

OPEN (35 and under as of date of competition weigh-in)

MASTERS (36 – 49 as of date of competition weigh-in)

VETERANS (50 and over as of date of competition weigh-in)

Weight Divisions -10 options, one choice (kg/pounds):

48/105.5, 52/114.5, 57/125.5, 62/136.5, 68/149.5,

74/163, 82/180.5, 90/198, 100/220, 130/286

Unique Medal Event Calculation: 2 Styles, Male or Female Competition Groups for each style, 3 Divisions (Open, Masters, Veterans) per Style, 10 Weight Divisions per Style = $2 * 2 * 3 * 10 = 120$ UMEs required for wrestling at a minimum. (More if additional styles, e.g. Beach Wrestling, are added)

Participation (Competitive Instances): Each athlete should be able to participate in a minimum of three (3) and a maximum of five (5) bouts PER DAY per tournament.

Each athlete is allowed to register for and compete in only one (1) gender division in one (1) age division in one (1) weight class in any given style tournament. Note: The age/weight group entered for Freestyle need not be the same for Grappling. Note: An Athlete may register for more than 1 tournament, *E.g.*... an athlete may register to compete in the Freestyle and Grappling and/or Beach Wrestling if desired.

Policy: The host must follow Federation of Gay Games Policies as outlined in Section III of the FGG RedBook. FILA rules governing gender take precedence over Federation of Gay Games Gender Policy because of insurance liability requirements.

Medical Staff: A visual exam by qualified medical doctor must take place at weigh-ins. The weigh-ins must occur between 6-24 hours prior to the start of the wrestling competition. A single weigh-in for all styles on Monday will suffice.

Drug Testing: Wrestling will not have mandatory drug testing. However, any Drug testing that is carried out must be carried out using World Anti-Doping Agency protocols as outlined in the FGG Anti-Doping Policy.

10 Updates to this RedBook

A proposed change to the RedBook must be sponsored by Wrestlers Without Borders (WWB). The Sport Coordinator for Wrestling should be asked to coordinate any changes. WWB may update the RedBook entry for Wrestling once every six months, but not within 12 months prior to the Gay Games. Changes to the FILA Rules are not under the control of WWB and may occur at any time, The RedBook entry for Wrestling must always reference the most current published copy of the FILA Rules for all styles.

The RedBook entry for Wrestling must be updated at least once every four years, in the year following the Gay Games. All updates must be made in accordance with the policies outlined in Section III of the Federation RedBook, *Federation of Gay Games Policies and Procedures for Gay Games Sports Program*.

Version Date: March 19, 2012 (Chris Lorefice)

Approved

Changes Sports Co-chairs

Updated Version: April 2, 2012 (Gene Dermody)

Updated Version: June 10, 2012 (Chris Lorefice)

Updated Version: June 17, 2012 (Chris Lorefice)

11 *Appendix - Historical data*

1. *Previous Gay Games participations*

The following information from previous Gay Games may be helpful:

FGG Sport Coordinator's report on S2002 Gay Games wrestling (Official Results, etc.)

<http://www.wrestlerswob.com/ggvi/ggviReport.html>

Peter Verey's Report as the S2002 Tournament Director

<http://www.wrestlerswob.com/ggvi/ggviPostEventReport.html>

FGG Sport Coordinator's Federation 'Blue Book' report:

<http://www.wrestlerswob.com/ggvi/IndividualSportsReport.html>

WWB Chair's Post Gay games VII report:

<http://www.wrestlerswob.com/ggvii/WWB-GGVIIReportNotes.pdf>

2. *Previous Gay Games comments*

To be completed with important facts and comments from previous games.