

## WWB Modifications (final) to FILA FreeStyle Rules (basic short form)

Modified 09.11.2014

### A. Gender/Age/Weight Categories (WWB Modification):

The same age/weight/gender categories as the WWB Grappling apply:

1. Separate Male and Female categories (requires legal proof like a Passport or Driver's License)
2. **OPEN 35 and under as of date of competition weigh-in**
3. **MASTERS 36 – 49 as of date of competition weigh-in**
4. **VETERANS 50 and over as of date of competition weigh-in**
5. **Kilograms: 48 52 57 62 68 74 82 90 100 130 +130 corresponds to  
Pounds: 105.5 114.5 125.5 136.5 149.5 163 180.5 198 220 286 +286**
6. Tournament Pairers will handle exhibition bouts in the event there is not at least a 3 person Round Robin per bracket.

### B. Skill Categories:

There is no skill level separation or seeding other than what is inherent in the gender/age/weight categories. Competitors will first compete in their **Unique Medal Event (UME)** bracket for Gold-Silver-Bronze, and then be paired in exhibition bouts. This especially true for undersubscribed UMEs in order for all competitors to have an opportunity to wrestle.

### C. Skin Checks & Blood Rule (WWB Modification):

1. The standard USA Wrestling/FILA skin checks by a dermatologist will occur at the common weigh-in with the Grapplers on Monday 10am August 11<sup>th</sup> at Case Western University.
2. The standard USA Wrestling/FILA blood rule will apply... i.e... match will be stopped when there is blood, and resumed when the blood is cleaned up and when the bleeding is stopped.

### D. Required Gear (WWB Modification):

1. Required Red and Blue Singlets (reversible preferred)
2. Wrestling shoes
3. No earrings or piercings
4. Headgear permitted if BOTH competitors agree to it

### E. Maximum Duration of the match: 2 periods 1 rest period (WWB Modification):

OPEN 3 - 1 - 3 minutes  
MASTERS 3 - 2 - 3 minutes  
VETERANS 2 - 2 - 2 minutes

### F. Starting Position:

### G. Technical Points (generic):

1. StepOut/PushOut without danger 1pt
2. TakeDown without danger 2pts
3. Gand Amplitude 4pts (no more 3pt TDs)
4. Technical Superiority differential of 10 pts
5. Reversal 1pt

## G. Technical Points continued (specifics courtesy of Kevin Martin):

### **DEFINITION / DESCRIPTION**

1. **Danger Position:** When one wrestler has his back forced 90 degrees to the mat with his head/shoulders/elbows on the mat
2. **Exposure:** When one wrestler has his back forced 90 degrees to the mat with his head/shoulders/elbows NOT on the mat
3. **Passivity Situation:** when neither wrestler has scored points in the first 30 seconds of the match
4. **Passivity Process:** Ref warns scoreless wrestler and stops match within first minute  
Shot Clock is then run for 30 secs to have passive wrestler score or lose 1 point to his opponent
5. **Illegal Holds:** two hands or arms around an opponent's head with out an arm included body /head scissors  
twisting joints beyond normal range of motion
6. **High Amplitude:** When one wrestler lifts his opponent to hip height and throws him in an arc to danger position
7. **Shot Clock:** 30 second length of time during which wrestler called passive must score or lose 1 point to his opponent
8. **Par Terre:** turns may be repeated multiple times to create danger or exposure scoring situations
9. **Slip:** a throw or turn attempt that slips and fails so no score is given and wrestling resumes on feet

### **POINTS SCORING MANUEVERS**

#### **1 POINT:**

- Stepout or push out
- Reversal
- Illegal hold/w/offensive score
- Passivity Penalty
- Hand to hand turn on the mat without danger position

#### **2 POINTS:**

- Takedown without danger position
- Offensive turn on the mat to danger position
- Illegal hold preventing an offensive score by other wrestler
- Turn on the mat to danger position

#### **4 POINTS:**

- Takedown directly to danger position
- Grand Amplitude throw

## H. Situations:

## I: Passivity:

## J: Illegal Techniques:

## K. Overtime:

**Notes:**

These WWB Modifications to the standard FILA Rules were done with extensive input and evaluation of FILA USA wrestling, as well as overriding deference to SAFETY and the GayGames standard of **Inclusion, Participation, and Personal Best**. . This working group included direct and indirect input from many qualified wrestlers, officials, and instructors with exceptional gravitas. The strong consensus reached balanced a lot of factors and was reassuring to WWB which has taken on the difficult task of finally keeping this very popular important FreeStyle event in the GayGames under WWB aegis. This was the criteria that WWB used:

1. FILA is the sanctioning body for the GayGames Wrestling and Grappling event because they have supplied the basic rules, insurance, and officials as a package deal through their local organizations since 1982.
2. All competitors in Freestyle and Grappling will be required to obtain the **-same-** FILA local affiliate membership card (~\$50 in the United States and Canada). Serious competitors should already have them if they are in FILA affiliated clubs. This is normal procedure for getting medical and liability insurance coverage for practices and tournaments. Competitor cards can be obtained at <http://themat.com>. This 'common licensing' permits competitors to compete in BOTH FreeStyle and Grappling events under a single sanctioning umbrella. This requirement will be different when the host is not American.
3. WWB appreciates that NAGA is more widespread and popular for Grappling in the United States and Canada, while FILA is more European focused. However the rule differences **for the competitor** were considered negligible. This decision does not preclude revisiting this FILA/NAGA sanctioning issue in the future, where it is the hope that more grappling oriented people will step up in WWB and manage this grappling section of the WWB/GayGames RedBook.
4. FILA through their local affiliates (like New South Wales Wrestling in 2002) have been receptive to WWB Modifications in the GayGames RedBook that enhance SAFETY and **Inclusion, Participation, and Personal Best**. The expanded current FILA Grappling Rules are not up to the standards of their current Olympic FreeStyle and GRECO rules, and reflect an older deference to the more militaristic SAMBO, especially around health and safety, hence the WWB Modifications around HIV/HEP 'Blood rule' and the implied drug testing.
5. It was deemed too burdensome at this time to evaluate and procure a separate NAGA Sanctioning for Grappling given WWB has no LGBT history with them.